

29/08/2011

jp-foodandbar@pem.cam.ac.uk

Dear Lovely Pembroke Fresher

My name is Jonny and I am the 'Food and Bar' rep on the Pembroke JPC. Getting food is required to live (trust me I do medicine) so here is a little advice to further your survival.

Food in College

What?	Where?	Why?
'Trough' - pet name for the Pembroke cafeteria	Food is served next to the main hall. Students eat in the main hall, where you have matriculation dinner.	Convenient, good food, lots of your friends are there. This noble establishment serves Breakfast (8-10, Mon-Sat), Lunch (11.45-1.30, Mon-Fri), Dinner (5.45-6.45, everyday) and Brunch (11.30-1.15, Sat & Sun). The food is excellent and a whole days worth could easily give you change from a tenner. Brunch is amazing.
The JP - The 'Junior Parlour'	This is where the bar and 'Cafe Pem' are found.	Nice location, cheap and quick + you get to chat to Becky, Dawn and Hayden, the lovely cafe staff. Cafe Pem serves a range of sandwiches, cakes, fruit and snacks as well as hot and cold drinks. The cafe opens at 10.30 on weekdays, closing at 5.45 (but if you want anything hot, get there before 4)
Gyp Rooms - cook your own food in these mini kitchens.	In the older parts of college, there is one gyp room per floor, while in Foundress Court there are generally two per corridor	Often the cheapest option, available whenever you like. Each gyp room will contain at least: a microwave, two heating elements, a fridge and a freezer. Cooking in the gyp rooms is meant to be restricted to the preparation of light snacks, with frying prohibited... needless to say, both of these rules are religiously observed. Gyp rooms are particularly useful for 'one pot dishes' such as pasta rice or pot noodle.
Formal - all colleges do a formal dinner,	Main Hall	Great food, three course meal served as if in a restaurant, chance to dress up, very reasonable (£7.25 for Pembroke students), social event. Served every night from 7:30. Formal at Pembroke is a real treat; no other college does it like us (I've been to quite a few other colleges). It is an absolute must.

For more information see: <http://www.pem.cam.ac.uk/students/catering/>

For an idea of formal see: <http://www.thepembrokekitchen.blogspot.com/>

Any comments on food should go to: <http://www.facebook.com/groups/131209563604469/>

If you want to eat in college but can't be bothered to cook, here are some useful numbers:

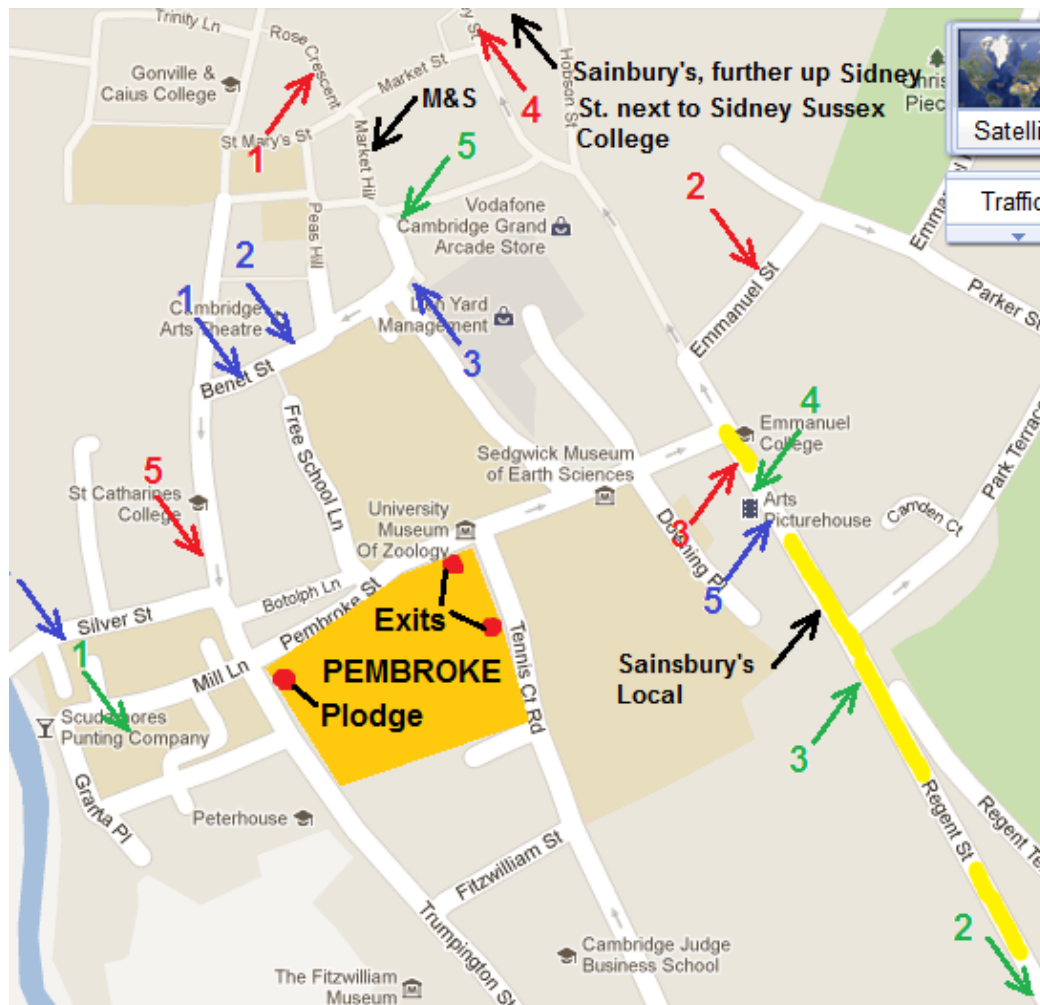
Pizza Hut - 01223 300005 Dominos Pizza - 01223 355155

Ocean Dragon Chinese - 01223 423288 Moghul Tandori - 01223 352789

Japas Sushi - 01223 365321

For more info see: <http://www.just-eat.co.uk/area/cb2-trumpington> (but I wouldn't order online, it is much easier and better for the restaurants if you find out their numbers and call them)

Food Outside College (including supermarkets, labelled)



	Pubs - blue arrows	Fast food - red arrows	Indian, Chinese, Japanese- green arrows
1	The Eagle - where Crick and Watson announced the chemical structure of DNA. Greene King pub	McDonald's - burgers and stuff.	Dojos - oriental fusion restaurant, good value, huge portions. Highly recommended.
2	The Bathhouse - very reasonably priced food	Subway - sandwiches and stuff.	The Curry Garden - good curry, fantastic deals (£15: curry, naan, rice and a bottle of wine, £10 replace wine with a pint). My favourite!
3	The Cow - 2for1 pizza deal on Tuesdays, good food.	Nandos - chicken and stuff.	Charlie Chan's - Very good Dim Sum.
4	The Anchor - Lovely location, sit outside, by the river	Pasty Presto - after 5 O'Clock they sell pasties for £1!	Wagamama
5	The Regal (Wetherspoons) - Probably the cheapest pint in Cambridge. Also the biggest pub in Europe!	Sam Smileys - very close to Pembroke, good sandwiches.	YoSushi - Look out for all of the deals (becoming a member online etc)

If none of these tickle your fancy then the street in yellow (**St. Andrews/Regent.**) has many other restaurants on it, e.g. Gourmet Burger Kitchen, Pizza Hut, Pizza Express, Kebab shops etc.